



REVIEWS

BOOKS

Reviewed by Ruth Parnell

STATE SECRETS II: RETURN FIRE

by Ben C. Vidgen

© Ben C. Vidgen, Dunedin, NZ, 2006

ISBN 0-473-123-00-2 (255pp tpb)

Available: deadlinegazette@gmail.com,

<http://www.deadlineonline.co.nz>

Many more corroborations supporting his thesis have come Ben Vidgen's way since the 1999 publication of his book *State Secrets*. You'd think that tucked away in Dunedin on the south island of New Zealand producing a café broadsheet called *Deadline* would insulate him from trouble, but no.

In 2004, for instance, he received a letter from the solicitors for Richard V. Allen, a former national security adviser to Ronald Reagan, neo-con and part-time NZ resident, objecting to Vidgen's insinuation that he was involved in any arms-for-hostages proposal in 1979, despite his testimony in the Iran-Contra hearings. Vidgen refused to apologise and he's lucky that he wasn't pursued. Frankly, for the people and scams he exposes, he's very lucky...

In *State Secrets II*, Vidgen continues the saga of the role of diverse elements within and visiting New Zealand who are involved in gun-running, money-laundering and terrorism on an international level. Early on, he mentions that every chapter has a reference to Adnan Khashoggi, international arms dealer and visitor to NZ since 1976; in Vidgen's view, "Khashoggi can always be found within six degrees of separation from the scene" wherever there's a major crisis. The flare-ups in violence in Pacific neighbours such as Fiji, East Timor and the

Solomon Islands are incidents Vidgen warned of previously and have come about because nothing has been done to curb the proliferation of small arms in the region.

Vidgen's gamut covers key events in New Zealand's shady history in recent times and going back the last few decades. The legacy of the BCCI and Nugan Hand banking scandals lives on, foreign billionaires are setting up home in NZ while hundreds of ex-SAS soldiers and police are recruited as mercenaries in Iraq for firms that have done deals with NZ politicians and military brass.

There's heaps more to shock as well as inform in this "big picture" perspective on the machinations of The Great Game.

THE SCIENCE OF EXTRATERRESTRIALS

by Eric Julien

Allies Publishing, Fort Oglethorpe,

Georgia, USA, 2006 (first published in

French by JMG Editions, 2005)

ISBN 1-60177-101-0 (380pp hc)

Available: www.alliesbooks.com

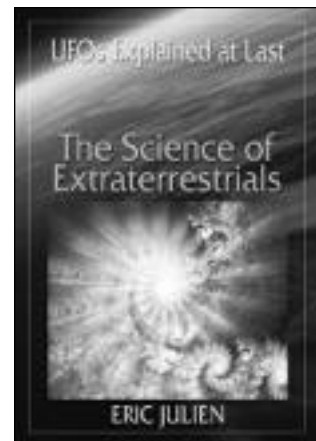
The US Eisenhower government in 1954 turned down an opportunity to cooperate with a group of benign ETs by refusing to accede to their requests to discontinue all nuclear programs, says French researcher, former military air traffic controller and airport manager Eric Julien. He's not the first ufologist to suggest the government had this meeting with ETs, but he has an interesting theory as to why the ETs, or "extratemporals", weren't keen on this nuclear path.

According to feedback from his own and others' contact experiences, apparently the reason why these ETs aren't happy about nuclear explosions on Earth or in space is that they tear the fabric of space-time, and

some ET races are particularly sensitive to such energetic imbalances affecting their part of the Universe. Fundamental to Julien's understanding of space-time is the idea that time is a fractal. It has three dimensions—direction, density and the (ever-changing) present—and is the basis for his theory of "absolute relativity".

Eric Julien's hypothesis is hard to sum up in a few words, but it suggests interesting factors about UFO interdimensional travel, propulsion and motion. For example, Julien describes how UFOs can change size: the greater the intensity of the temporal (time) field, the smaller the craft will seem. The temporal bubble grows larger compared to the decreasing size of the craft as the time density increases. The relative reduction of the craft makes it appear to accelerate.

Julien analyses other paranormal phenomena such as alien abductions, antigravity, crop circles, poltergeists and time travel in terms of this fractal time theory in his scientific paradigm-changing book.



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CHILD EXODUS FROM TIBET

by Birgit van de Wijer

Birgit van de Wijer © 2006

ISBN 90-784-6401-1 (144pp tpb)

Available: www.childexodus.org

When a Tibetan government-in-exile delegation made its first visit home in September 1979, Tibetans learned that schools had been set up in Dharamsala, India, under the authority of the Dalai Lama. From then on, parents have been sending their children at the rate of up to 300 a year to Dharamsala to receive the education they can't get in their homeland.

In 2003, author Birgit van de Wijer was in India researching an article about Tibetan Children Villages (TCVs) and then visited the Tibetan Refugee Reception Centre in Kathmandu, Nepal, to see this transit point for herself. She has since taken up the cause to bring awareness of the plight of Tibetan children to the world.

Under Chinese rule, children in rural Tibet have no formal education and only parents who can afford to pay bribes can get any schooling for their kids. Even then, the children are not taught their native language, history, craft or customs, and they cannot get into secondary school without being able to speak and write Chinese—even though Chinese is only taught to Tibetan students in grades three and four.

They are also charged more for schooling than are the resettled Han Chinese. All this, says van de Wijer, is illegal under the UN Convention on the Rights of the Child, despite China being a signatory.

To complicate matters, Tibetan children undergo arduous journeys to get to their Indian destination, sometimes involving a month or more of travel on foot through the

snow (frostbite is common, and many die in transit), risking capture and imprisonment by Chinese and Nepalese police and spending what meagre allowance they have on bribes. The UNHCR has been monitoring the situation out of Kathmandu since 1991, but in the last few years Nepal has withdrawn much support for these refugees.

The ones who do make it to Dharamsala are provided with a nurturing environment that encourages their learning—but what a tragedy that they can't be fully Tibetan in their own mountain paradise. Eye-opening.

CAMOUFLAGE THROUGH LIMITED DISCLOSURE: Deconstructing a Cover-Up of the ET Presence

by Randy Koppang

The Book Tree, San Diego, USA, 2006

ISBN 978-1-58509-110-2 (159pp tpb)

Available: www.thebooktree.com

In analysing the history of the UFO phenomenon in the USA since the 1940s, researcher Randy Koppang delves into what's at the core of all the official secrecy. He uses the testimony of two key witnesses to make his point: not only do UFOs and extraterrestrials exist, but covert forces are re-engineering off-planet technologies for their own purposes. The admissions of Col. Philip Corso in *The Day After Roswell* are further supported by their testimony.

One witness is Melinda Leslie, who claims to have been abducted by aliens but also re-abducted by obviously very human military-intelligence operatives intent on finding out what she knows about the abducting aliens. She refers to other similar reports by "re-abductees" who often feel ignored by the UFO research establishment that doesn't countenance these non-alien-abduction

scenarios wrapped up as the "real" thing.

The other witness is Bill Uhouse, an electrical engineer who's spent a career working for US defence industry contractors but periodically since the early 1950s has been redirected to secret projects, e.g., in S-4 Nevada, where he worked on UFO craft simulators. His testimony is taken from a series of small-scale lectures he gave between 1996 and 1998.

Among his revelations is that it's not so much the Shadow government behind this reverse-engineering of alien technology but a global Satellite government that comprises the corporate defence establishment in collusion with black-ops military personnel.

As far as the UFO "cover-up" is concerned, Koppang concludes that it's not so much about the official government refusal to confirm the ET presence but to protect a system that at all costs wants to keep secret its complicity in the manufacture of craft with hyperdimensional and thought-control properties. Something else is going on!





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THE TWIN DECEPTION

by Tony Bushby

Joshua Books, Qld, Australia, 2007

ISBN 0-9757953-4-1 (368pp tpb)

Available: <http://www.joshuabooks.com>;

NEXUS offices

In his latest work, Tony Bushby expands on the revelations in his first book *The Bible Fraud* (see NEXUS 8/06) with more evidence for the existence of two twin brothers, Jesus Khrestus and Judas Thomas, who, he claims, eventually came to be depicted as a composite Jesus Christ figure by the Holy Roman Church after the first ecclesiastical Council of Nicaea in AD 325.

Born of a high-born Nabataean princess Mariamne, grand-daughter of King Herod, and a Roman general with close links to the Caesars, they were brought up in an Essene community outside Jerusalem and were known by a variety of names depending on which source is consulted. When the game was up for the militarist Jesus Khrestus, he had a substitute (Simon of Cyrene) crucified in his place, but the event happened in Rome, not Jerusalem, says Bushby. So while his brother Judas Thomas then took over the messiah role, Jesus Khrestus had to escape—to Kashmir, as the story goes.

Bushby claims that the suppressed Gospel and Acts of Thomas (Judas Thomas, in fact) contain explicit references to the twins that were suppressed in the canonical New Testament but can still be seen in the first English edition of the Vulgate Bible. Other evidence from the Dead Sea scrolls, from Renaissance artists such as Michelangelo and Leonardo da Vinci and from the ciphers of Templar initiate Francis Bacon point to the twin messiah phenomenon.

Along the way, Bushby cites works from

dissenters to Roman Catholic Church dogma (some of whom are featured in his three-part "Criminal History of the Papacy" series in NEXUS 14/01-03). His assertions suggest Christianity is surrounded by a thin veneer and raise questions about the moral authority of the Church today.

INDUCED AFTER DEATH COMMUNICATION: A New Therapy for Healing Grief and Trauma

by Allan L. Botkin, PsyD, with R. Craig Hogan, PhD

Hampton Roads, VA, USA, 2005

ISBN 1-57174-423-1 (210pp tpb)

Available: <http://www.hrpub.com>

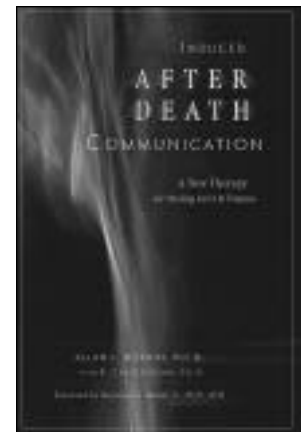
Clinical psychiatrist Dr Allan Botkin, brought up in the cognitive-behavioural school, had been working in grief and trauma counselling, primarily with US war veterans for many years but with minimal therapeutic changes in patients treated with "exposure therapy". By the early 1990s, he had trained in Dr Francine Shapiro's radical new therapy called EMDR: eye movement desensitisation and reprocessing.

In his often deeply moving book, Dr Botkin explains how in 1995 he stumbled on a new way, using EMDR, to get to the patient's "core sadness", bypassing the anger and guilt that were covering it up. He discovered that by helping the patient get to this core emotion and then doing another set of EMDR movements and asking the patient to close his eyes and go with whatever happened, the patient would undergo an "induced after death communication" (IADC) with the person they are grieving about, not dissimilar to a typical near-death experience. It was common for patients to

finish a session feeling an inner joy at the restored connection with a loved one and a resolution of their grief. The connections were very real to the patients, and Dr Botkin can confirm the reality from his own IADCs.

In summarising the findings from his first 84 cases, Dr Botkin says that 98 per cent fully resolved their sadness, and did so regardless of age, race, religious belief, etc. With trusted colleagues applying IADC to their EMDR treatments, Botkin developed his technique and set up training courses for psychotherapists who are now spreading it worldwide and have already helped make a profound positive difference for thousands of people. (The IADC procedure for psychotherapists is outlined in appendix B.)

This seemingly miraculous therapy (which Michael Tymn discussed in NEXUS 13/05) has enormous implications: not only does it suggest that we have an innate potential for self-healing, but that consciousness does survive after physical death. Other potential applications of IADC are mind-boggling.



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LIVING IN A FASCIST COUNTRY

by Vernon Coleman

Blue Books, Devon, UK, 2006

ISBN 1-899726-36-5 (343pp tpb)

Available: Publishing House, tel +44

1271 328892, website <http://www.vernoncoleman.com>

If you've written as many books as Dr Vernon Coleman (over 90, translated into 22 languages), you'd feel within your rights to mouth off about what ails your homeland, Great Britain. This former doctor, who became a full-time writer focusing on medical issues, has been devoting his talents to railing against what's going wrong in this democracy, where freedom and privacy are being threatened by a fascist New Order.

But this wasn't always so for Dr Coleman. For years he'd fought against conspiracy theories, but as a result of the events of 9/11 now thinks he was wrong to be so sceptical. The very things he scoffed at are happening before our very eyes: individual freedoms are being eroded by compromised politicians using fear tactics to justify draconian legislation to keep people under control, under the pretext of fighting terrorism.

To spell it out, Dr Coleman has adopted a style of numbering every section within each chapter; this has the effect of providing digestible chunks with a sometimes disconnected narrative—often the case when he includes quotes from famous dissenters to make a point—and he provides few references throughout. However, as a pastiche of railings against the machine of state, *Living in a Fascist Country* is a book you can pick up at any page, like a bedtime book of nightmares. With its accounts of how the government is fooling the people (he spares no kind words for "war criminal" PM Tony Blair),

how ID cards and under-the-skin chips will destroy personal liberty, how public infrastructure has been offloaded to the highest bidder, and how the banks and other institutions are in on the take, this book is a manifesto aimed at alerting people to the fact that they're being manipulated big-time and calling on them to rise up to assert their rights before it's too late. As he warns, "The way the Government is clamping down on free speech, this may well be your last chance to read the truth". Scary stuff indeed, made scarier by the fact that the UK is not the only democratic nation whose citizens' freedoms are being destroyed.

THE END OF SUFFERING: Fearless Living in Troubled Times

by Russell Targ and J. J. Hurtak, PhD

Hampton Roads Publishing Co. Ltd,

Charlottesville, VA, USA, 2006

ISBN 1-57174-468-1 (180pp tpb)

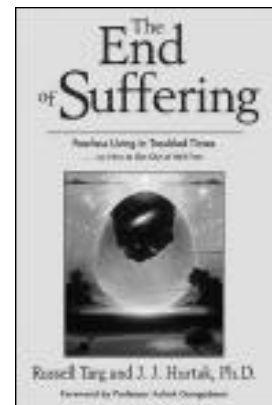
Available: <http://www.hrpub.com>

Frontier physicist Russell Targ and philosopher-futurist Dr James Hurtak team up to give us a timely reminder that there *is* a way out of the suffering that plagues individuals and societies. The dualistic thinking that's a legacy of Aristotle is at the root of our suffering, they say, because it's a two-valued logic system of "x exists" and "x does not exist" that sees the world in black or white, not allowing shades of grey into the picture. What we need is a four-valued logic system that includes "x both exists and does not exist" and "x neither exists nor does not exist".

The authors propose that the Madhyamika or "Middle Way" school of Mahayana Buddhism, founded by "the second Buddha" Nagarjuna in the second century AD, is the

path to enlightenment. It requires detachment from ego, notions of separateness and judgement but also deactivation of the Aristotlean logic circuits that offer no way of transcending into a state of unconditioned "naked awareness" that is essential for being one with the "infinite and spacious unified field of Reality" and, indeed, universal love. But using illusory perceptions to perceive the ultimate is futile, too, for we need to understand that everything is in a state of mutual dependence. According to the Middle Way, release from pain and suffering comes from within when we change our perception of what is real and not real and see our relationship to the whole.

To help us live without fear and with timeless awareness, Targ and Hurtak present a five-step outline of suggested practice that includes embracing a unity of mind, quieting the ongoing mental chatter, practising compassion, sharing in fellowship the experience of loving awareness, and reflecting positive thinking. By co-creating each moment, we are truly free. Inspiring!





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SACRED NUMBER AND THE ORIGINS OF CIVILIZATION

by Richard Heath

Inner Traditions, Rochester, USA, 2006
ISBN 1-59477-131-6 (248pp tpb)
Available: www.InnerTraditions.com

Following on from his previous book *The Matrix of Creation* (see review, 12/01), Scotland-based electrical and computer engineer Richard Heath reiterates the importance of cosmic numbers and ratios and examines their influence in the history of civilisation on Earth. The earliest cultures had an appreciation of numbers, based on their observations of the cycles of celestial bodies, and the fact that similar systems of measurement could be found in widespread regions of the ancient world suggests the existence of a prehistoric protoculture.

That protoculture, perhaps consisting of survivors from the destruction of Atlantis, may have come from northern Hyperborean climes, and Heath considers evidence for the Indo-European cultures being seeded from the Scandinavian/Baltic Sea regions in a migration brought on by several periods of adverse climate change after the end of the last ice age. For instance, in a cooling period from 3000 to 2000 BCE there was a migration into India and Persia, and more recently, following the eruption of Santorini and destruction of the Minoan civilisation c. 1450 BCE, there was a migration into Greece via the Black Sea. The similarities between ancient Nordic and Greek mythologies is evidence, he says. So, too, are the suggestions that Plato's Atlantis myth describes northern, not Mediterranean, landscapes and that ancient Hebrew mythology associated with Enoch the prophet points to a connection with far northern latitudes.

Indeed, landscape geometry is another key in that the major ley line drawn from the tip of Cornwall right through the Baltic islands which contain many examples of megalithic constructions and fortified churches that conform to an ancient "sacred" geometry. That geometry can also be seen in a 30° planetary grid sector that extends from Jerusalem to Bornholm, in the Baltic, through Iceland and into the New World, and from Jerusalem to Rennes-le-Château in the French Languedoc to the New World. The location of Washington, DC, the so-called New Jerusalem, rich in sacred symbolism inspired by the Knights Templar, is cradled within this sector. An intriguing study into humanity's sacred origins.

FORBIDDEN RELIGION: Suppressed Heresies of the West

edited by J. Douglas Kenyon

Bear & Co., Rochester, VT, USA, 2006
ISBN 1-59143-067-4 (304pp tpb)
Available: website

<http://www.BearandCompanyBooks.com>

Underground and heretical religious belief systems and their threads through the last 2,000 years are the subject of this new compilation from the pages of the US bimonthly journal *Atlantis Rising*, put together by its editor J. Douglas Kenyon. It's the companion volume to *Forbidden History*, which we reviewed in 12/05.

Divided into six sections, the content of the first four covers the truth behind the orthodox veil of Christianity, the hidden history of the Knights Templar, the secrets coded into the Sinclair-built Rosslyn Chapel and the role of high-ranking Freemasons in the occult foundations of the United States.

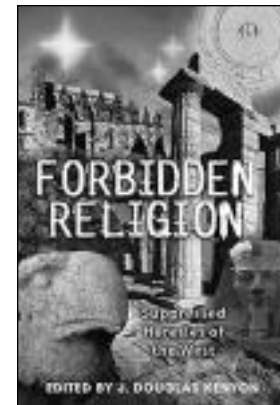
The final two parts tell even more esoteric

and mystical stories of visionaries and alchemists such as Nostradamus, and spirit/soul connection evidence that challenges religious and scientific dogma.

There's a wide range of contributors:

Kenyon himself, on the Christ mystery, as well as Cynthia Logan on Christian origins and the Goddess Gospel; David Childress on the enigma of the great lost sailor's map; Steven Sora on missing Templar treasures and the occult basis of England's interest in the New World; Jeff Nisbet on the "crack in the da Vinci code"; and William Henry on Francis Bacon's cryptic clues in his writings. Also featured are Peter Bros on Newton and the mystical foundation of empirical science, Bill Eagles on the new science of instrumental transcommunication, P. M. H. Atwater on why science can't get its head around the near-death experience, and Ian Lawton on the scientific evidence for reincarnation.

The evidence suggests that many so-called "heresies" have survived the purges of Christianity, perhaps because their undercurrents of truth defy suppression.



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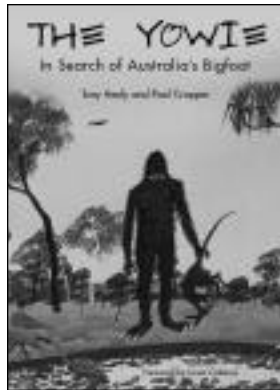


THE YOWIE: In Search of Australia's Bigfoot

by **Tony Healy and Paul Cropper**
Strange Nation, Sydney, Australia, 2006
ISBN 978-0-646-46964-5 (320pp tpb)
Available: **Australia**—Mackay's Books, tel (02) 9876 6332, email mackays@net-space.net.au; **UK, USA**—Amazon.com

It's incredible that the prolific sightings of Yowies by Aborigines and European settlers have resulted in no skeletal or fossil evidence that would utterly prove their existence. The yowie, a hairy ape-man of huge stature (3–4 metres) that inhabits remote mountainous and forested regions of Australia, has similarities with the North American Sasquatch and the Himalayan yeti which also have eluded science.

In their fascinating book *The Yowie* (with foreword by US cryptozoologist Loren Coleman), Tony Healy and Paul Cropper keep an open mind about the existence of this elusive creature. They have interviewed



120 eyewitnesses and present compelling testimony from these and other cases in their over 280 files, along with maps, sketches, photos of footprints and plaster casts of prints, colonial archival material and the only known photo of the head of a yowie with glowing red eyes (reproduced in b&w). This photo was taken by anthropology graduate and schoolteacher Neil Frost, who, along with family and neighbours, has seen the creature on many occasions in the last two decades around his home on the edge of the rugged Blue Mountains bushland.

Healy and Cropper, who've been studying the yowie phenomenon since the mid-1970s (and wrote about it in their 1994 book *Out of the Shadows*), document evidence from the Aborigines, from early colonial records and from sightings reports up to the present day, including from reliable witnesses such as rangers, surveyors, zoologists and SAS members. They summarise the evidence, including the yowie's bad stench and the fear invoked in humans and domesticated animals, and they speculate on whether the

creature may have hypnotic and interdimensional capabilities. They also include a chapter on "Littlefoot", the *junjudee*, a one-metre-tall, hairy ape-man speculated to be a separate species from the yowie (see article in this edition). For a sneak peak, visit the authors' website <http://www.yowiefile.com>.

ASBESTOS HOUSE: The Secret History of James Hardie Industries by Gideon Haigh

Scribe, Carlton Nth, Vic, Australia, 2006
ISBN 1-920769-62-5 (442pp tpb)
Available: www.scribepub.com.au

Australian journalist Gideon Haigh has written a sobering history of asbestos products producer James Hardie Industries Ltd (established in Sydney in 1888), and the suffering endured by thousands of people who were involved in the production and use of its products. Not only does Haigh present a picture of the evolution of Australia's industrialisation and the paternalistic attitudes of many early entrepreneurs, he discusses the unfolding of medical understanding of asbestos-related diseases.

It wasn't until the 1920s that studies in the UK and US proved how damaging asbestos fibres are to the lungs. The Australian health authorities introduced safety guidelines, but that didn't mean these were enforced. The company, knowing by then of the dangers of asbestos, met only minimal safety requirements. At some Hardie and subsidiary factories, the air was so thick with the dust that workers couldn't breathe through their masks after five minutes.

Hardie's management had to ensure supply of its raw material, and despite several disastrous operations in the previous decades decided in 1947 to establish a blue asbestos mine at Wittenoom in Western Australia, today a ghost town. Not only a bad economic choice, it was a shocker for the locals' health. Yet Australia embraced the cheap building material while thousands were condemned to death. JHIL stopped using asbestos in 1987, but asbestos disease can take decades to emerge. Survivors are still waiting for compensation payouts, stymied in 2001 when Hardie severed itself from liabilities to victims, set up a compensation fund that could not cover all the claims, and transferred its operations to Amsterdam. Now, Hardie's directors are facing fines and perhaps criminal charges.

Haigh includes interviews with sufferers, Hardie and industry executives, financial and legal insiders as well as extracts of court proceedings, company records and founding family papers in this hard-to-put-down exposé with ramifications for corporate social and environmental responsibility everywhere. A sad and cautionary tale.



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THE CYGNUS MYSTERY

by Andrew Collins

Watkins Publishing, London, UK, 2006

ISBN 1-84293-193-8 (350pp hc)

Available: <http://www.andrewcollins.com>

The constellation Cygnus has a connection with northern-hemisphere humanity going back at least to Palaeolithic times. Associated with the bird as a symbol of the soul, and depicted in many forms including the vulture and, of course, the swan, the constellation was a gateway to Heaven for shamans and was reflected in ancient belief systems and the siting of standing stones.

As Andrew Collins has discovered, Deneb, the brightest star in Cygnus, was the northern pole star c. 15,000 BC when much of the northern regions were yet to emerge from the last ice age. At this same time came forth changes in human physical and neurological make-up that found expression in cave art with its representation of ritual symbolism and cosmic cycles. Collins is not the



first to propose that these changes may have been kick-started by a gigantic influx of cosmic rays from the Cygnus X-3 binary star—and these deep caves would have been ideal traps for these rays. In fact, high-energy subatomic particle residues can be found in the walls of these caves. As well, beryllium-10 traces in ice cores from the Antarctic and Greenland show an earlier influx c. 35,000 BP that may have resulted in the evolutionary leap to *Homo sapiens sapiens* and the original flowering of cave art in Western Europe from c. 32,500 to 30,000 BP.

Collins began the journey that led to *The Cygnus Mystery* by returning to Turkey (which he'd visited for his first book, *From the Ashes of Angels*; see 4/01), especially the region bordered by Syria and Iraq. His discoveries at "the oldest 'temple' in the world", Göbekli Tepe, possibly at least 12,000 years old, and at the probably older Karahan Tepe, show alignments with the already long-revered Cygnus constellation and a fascination with vultures and hallucinogenic mushrooms—aids on the age-old shamanic quest.

Referring to recent findings from archaeology, comparative religious study and astrophysics, Collins proffers evidence that "microblazar" Cygnus X-3's one-sided jet points directly at Earth—but he wonders if this is a mere cosmic coincidence. This is a compelling new line of enquiry.

THE ELECTRIC SKY: A Challenge to the Myths of Modern Astronomy

by Donald E. Scott

Mikamar Publishing, Portland, USA, 2006

ISBN 0-9772851-1-1 (248pp tpb)

Available: Mikamar Publishing, tel +1

(503) 740 9567, www.mikamar.biz

Astronomers, astrophysicists and cosmologists won't expand their knowledge unless they change their focus from gravity to electromagnetism and plasma physics says Donald Scott, an American electrical and computer engineer as well as amateur astronomer. He's part of a push that's making waves in these fields despite the intransigence of the mainstream scientific community. They owe their approach to such luminaries as Nobel Prize-winning Swedish electrical engineer Hannes Alfvén, author of the 1981 classic *Cosmic Plasma*, and engineer Ralph Juergens, who in the late 1970s proposed an Electric Sun hypothesis with our Sun as a huge plasma cloud. Among the push is Wal Thornhill, who's presented his Electric Universe theory at NEXUS conferences and whose research we've published (see 11/04, 12/01, 12/05, 13/01).

In *Electric Sky*, Scott establishes what is wrong with the "accepted" astrophysical and cosmological belief structure and explains how all the shortcomings can be understood in terms of electric plasma. So, there's no need to classify so many things as "missing", i.e., "missing matter", "dark energy", "superstrings", for the properties of electric plasma account for all observations. By this hypothesis, which can be tested under lab conditions, the Big Bang theory is rendered defunct, assumptions about redshift are disproved (with help from Halton Arp's observations) and the accelerating solar wind can be explained; so, too, can the solar corona temperature differential: ~3 million versus ~5880 Kelvin at the Sun's visible surface, the photosphere. Further, Scott puts paid to the popular theory that the Sun is self-powered by nuclear fusion, promoting the alternative view that it's charged up by current flows sourced from the galactic neighbourhood. Plasma is more than just hot gas; indeed, says Scott, "in the beginning was the plasma", the first state of matter.

Despite the complexity of the subject, Scott has produced an easily understandable book that surely will play a role in turning establishment astrophysics on its head.

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DVDs/CDs Compiled by Duncan Roads

SPiritworld

Produced/directed by Chris Everard
© ETV/GBC/AlM Bocca Italia, 2007
(2-DVD boxed set)

Available: Only via the website
<http://www.enigmacyberstore.com>

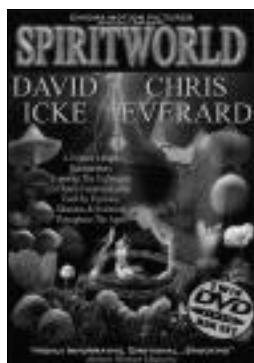
The prolific Chris Everard has been busy yet again, and has just released his new DVD double set titled *Spiritworld*.

Basically, this documentary looks at how the ruling elites use their secret knowledge of the spirit world to further their goal of global domination.

It examines and exposes the techniques of spirit communication used by psychics, shamans, mediums and scientists throughout the ages.

Featuring commentary by David Icke, other subjects covered on the first disc include: shamanism and the Earth's energy field; the spiritual shockwave of 9/11; war as ritual sacrifice; the ouija board; Aleister Crowley; ghosts and discarnate entities; Sir William Crookes; how spirit research led to the discovery of television; psychic surgery; ectoplasm; Dr Jon Dee's Enochian system of magic; spirit possession; and much more.

The bonus disc contains interviews with David Icke, Chris Everard, Janet Ossebard, Bert Janssen, Nick Franks and Montague Keen. A slick, high-tech presentation with lots of original footage and imagery.

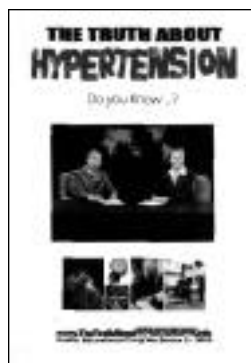


THE TRUTH ABOUT HYPERTENSION: Do you know...?

© Health Educational Program, 2005,
<http://www.thetruthabouthypertension.info>
Available: Eleotin 4 Diabetes, PO Box 12,
Hornsby NSW 2077, Australia, tel +61
(0)2 9476 0936, www.eastwoodcos.com

An estimated 600 million people

worldwide are affected by hypertension. Hypertension is an underdiagnosed condition because it causes damage to the body that produces no symptoms or only mild symptoms. Along with diabetes, it has been called a "silent killer" for this reason.



In *The Truth About Hypertension*, Dr Youngsoo Kim and Christina Seston team up again to shed light on the causes of hypertension and its solutions.

They also discuss the hidden truth about the deadly relationship between the two silent killers, diabetes and hypertension.

With his knowledge of natural alternatives to pharmaceutical drugs, Dr Yoongsoo Kim brings welcome information on solutions and also breaks the myths surrounding salt in the diet.

THE HEAVENLY GAIT & Other Earthly Pleasures

Produced and presented by David Hall
© David Hall, 2006 (8-CD boxed set)
Available: David Hall, 105 Avalon
Parade, Avalon NSW 2107, Australia, tel
+61 (0)2 9918 7614, website
<http://www.bodylogic.net.au>

This 8-CD boxed set of "Awareness Through Movement" lessons is the result of David Hall's 20-year exploration of the Feldenkrais Method. It contains lessons that have the potential to profoundly affect your day-to-day experience of life and the

pleasure you feel in body and soul. People all over the world have used the Feldenkrais Method—to get rid of back, neck or limb pain and find relief from many other problems.

These Feldenkrais lessons encourage you to explore the way you move as a way of being. They urge you to move with an appreciation of who you are and to become more attuned to the experience of life through

your body. Doing this not only removes the source of many aches and pains, it leads you to a sensually enriched life, where walking can indeed feel like Heaven and the simplest of things can be felt as ecstatic Earthly pleasures. Each lesson contains only one exercise, which you do with a minimum of force and a maximum of conscious awareness. This beautifully designed set contains seven 45–50-minute lessons, one 18-minute mini-lesson and Hall's 30-minute lecture, "Is the Universe Friendly?".





REVIEWS

MUSIC

Reviewed by Richard Giles

WOMEN OF THE WORLD: ACOUSTIC by various artists

Putumayo, USA, 2007 (41mins)
Distributors: **Aust**—MRA, tel (07) 3849 6020; **UK, USA**—www.putumayo.com

On 8 March each year, women all over the world celebrate International Women's Day. In tribute to this tradition, Putumayo has released an album of female singers/players from around the planet. Artists include Luca Mundaca from Brazil, Mona from Algeria, Tamara Obrovac from Croatia, Kaïssa from Cameroon, Marta Gómez from Colombia, The Wailin' Jennys from Canada, and many more. *Women of the World: Acoustic* is a softer exploration of contemporary acoustic music by some of today's leading female musicians.

WÁTINA

by Andy Palacio & The Garifuna Collective

Cumbancha Music BMI, 2007 (54mins)
Distributors: **Australia**—MRA, tel (07) 3849 6020; **UK**—Putumayo, tel 07759 600495; **USA**—Cumbancha, tel (802) 425 2118, <http://www.cumbancha.com>

Andy Palacio is a Belize musician from the almost extinct Garifuna society, a mix of West African and indigenous Caribbean cultures that once flourished along the Caribbean coast of Central America. This collection featuring Garifuna musicians from Belize, Guatemala and Honduras seeks to preserve their musical heritage. The lyrics and chants are sung in Garifuna, and the traditional rhythms are irresistibly danceable. Instruments include unique Garifuna drums called *primero* and *segunda*. With a recognisably Caribbean feel, too, this is an immensely important album for the region's music and culture.

AN OTHER CUP

by Yusuf

Ya Records, Atlantic, 2006 (42mins)
Distributors: **Aust**—Warner Records; **UK**—Polydor; **USA**—Atlantic Records, <http://www.atlanticrecords.com> (also see <http://www.yusufislam.org.uk>)

Last November, Yusuf Islam, aka Cat Stevens, released his first album of popular songs in 28 years, marking the 40th anniversary of his first record. His work was a seminal part of 1970s music, with songs like "Father and Son" and "Peace Train". The compositions here are all his own, and the old Cat voice is back. The song that grabs me the most is his potent

version of Eric Burdon's "Don't Let Me Be Misunderstood". Of his return, he says: "I feel right about making music and singing about life in this fragile world again. It is important for me to be able to help bridge the cultural gaps others are sometimes frightened to cross." Go, Yusuf!

PRANAH

by Mark Biehl

Acuity Soundworks, 2006 (67mins)
Distributor: **USA**—Acuity Soundworks, tel (314) 361 6605, website <http://www.acuitysoundworks.com>

We've reviewed CDs of singing bowl tones in previous editions. This one by Mark Biehl uses authentic Tibetan singing bowls in compositions designed to assist in your meditation or breathwork. The use of resonant metal objects such as chimes and bells to achieve higher levels of consciousness goes back thousands of years, and Mark continues the tradition. The long, sustained tones of the tuned metal bowls bring relaxing, transpersonal effects into your life. Try them through this album.

INFINITE VOICE

by Darlene Koldenhoven

TimeArt Recordings, 2006 (53mins)
Distributor: **USA**—TimeArt Music; <http://www.darlenekoldenhoven.com>

Darlene Koldenhoven is a Grammy Award-winning artist known worldwide for her soprano solo "Aria" featured in *Yanni, Live at the Acropolis*. This, her newest classical crossover album, demonstrates her extraordinary five-octave vocal range and angelic, soul-soaring notes. She is also a keyboardist, producer, songwriter, arranger and composer. There are tracks featuring works by Stravinsky, Bach and Sting, as well as compositions/arrangements by Darlene, Brad Cole and Larry Steelman. Those who love the music of the film *The Mission* will enjoy Ennio Morricone's theme here, too. A sublime, inspirational album.

